

# Bear Lake Trail Challenge Saturday May 17, 2008



8:00 AM  
Bear Lake Rec Area  
Munson, FL  
Presented by



## Entry Fees (non-refundable)

\$ 10.00 - Adult  
\$ 8.00 - 18yrs and under  
\$ 3.00 - additional picnics  
\$ 2.00 - Disc. For PRA Before Race Day

## Late Registration:

After May 8<sup>th</sup>, Adult \$12, 18 and Under \$8  
May 16 - 4pm-6pm Running Wild, 106 Palafox Pl.  
Pensacola, FL 32501

## RACE DAY Registration

\$15.00 All Categories  
First 200 entrants receive a Koozie® bottle cooler!

## Awards- Runners

Overall male & female  
Overall male & female Masters, Grand-  
masters & Great Grandmasters  
Three deep for male & female age groups:  
1-7, 8-9, 10-11, 12-13, 14-15, 16-19,  
20- 24, 25-29, 30-34, 35-39, 40-44, 45-49,  
50-54, 55-59, 60-69, 70+

## Awards-Top Schools

(All Registrations Must Be Mailed Together)  
Top Middle & High Award for Most Participants  
Top Middle & High Award for First 3 Finishers

## Awards-Corporate

(All Registrations Must Be Mailed Together)  
Top Corporate Award for Most Participants  
Top Corporate Award for First 3 Finishers

## Bear Lake Recreation Area

From I-10, take the Avalon Boulevard (Exit 22).  
Follow Avalon Boulevard to US 90. Take a right  
and continue to Burger King. Turn left at Stewart  
Street (Hwy 87). Go to Milton High School. Take  
a right across from Milton High School - Hwy 191  
Follow for approximately 20 miles to Munson  
crossroads (Hwy 191 and SR 4). Take a right SR 4  
and continue for 2.5 miles to the Bear Lake  
Recreation Area sign and entrance on left

## Activities

A fun race to end the spring season. Followed by  
a family-oriented picnic with something to satisfy  
every appetite. Of course, the PRA annual meeting  
will be interwoven throughout the race and picnic as  
well as Door Prize drawings for participants.

## Additional Information

Visit: [www.pensacolarunners.com](http://www.pensacolarunners.com) or  
Email: [bbarillas@aol.com](mailto:bbarillas@aol.com) phone: (850) 439-9866  
[www.visitpensacola.com/trailmap/5\\_bear\\_hike.html](http://www.visitpensacola.com/trailmap/5_bear_hike.html)

## Bear Lake 4-mile Trail Challenge

1<sup>st</sup> Name \_\_\_\_\_

Last Name \_\_\_\_\_

[ ] Male [ ] Female Age: \_\_\_\_\_

Birth Date: \_\_\_\_\_ [ ] School \_\_\_\_\_

[ ] Corporate Name: \_\_\_\_\_

Standard Waiver (Must be signed by all participants!): I know that running a trail race is a potentially hazardous activity, which could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, included but not limited to falls, contact with other participants, the effects of the weather, including cold, heat and humidity, traffic, and the conditions of the road all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers skates or blades, animals, and radio/tape/CD headsets are not allowed in the race and will abide by this guideline. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Pensacola Runners Association Inc., Road Runners Club of America Inc., any city, county, state, and national government entity responsible for areas used in conjunction with this event, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though the liability may arise out of negligence or carelessness on the part of persons named in this waiver. Further, I grant permission to all the foregoing to use my name and images of myself in any photographs, motion pictures, results, publications or any other print, videographic or electronic record of this event for legitimate purposes. I have read the above release and understand that I am entering the 2007 Bear Lake 4 mile Trail Challenge at my own risk.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Registration Fee: \$3 \$6 \$8 \$10 \$12 \$15

Make Check Payable to: PRA, Send to: Bear Lake  
Trail Challenge, P.O.Box 10613, Pensacola, FL  
32524