

# McGuire's Running Club

To all McGuire's Runners:

## **Still growing!**

Thanks for your continuing support. Apparently we broke a record Feb 17<sup>th</sup>. 430 people signed in that day. To date, we have recorded 6806 runners that have run with us since Oct. 2004.

## **Volunteers for the prediction run**

We have lots of great people who have volunteered to help out with the prediction run. We still need a few more volunteers, however. You can reply to this email or sign up from the website at <http://www.mcguiresrunners.com>

## **Volunteers for our club**

If you'd like to help out with attendance on Tues nights, please reply to this email. We could use more people.

## **Races**

Attached are a plethora of PDF race registration forms and information. The following races are included:

2009-03-08 Midway 8K Run  
2009-04-04 Woodlawn Beach Middle School  
2009-04-26 Pensacola Beach Triathlon  
2009-05-02 Fiesta 5K/10K

To view the PDF Files:

- 1) Save the file 20090303.zip.jpg to your computer
- 2) Delete the extension ".jpg". The file should read 20090303.zip
- 3) Unzip and view.

## **Safety**

Please review the safety guidelines on our website at <http://www.mcguiresrunners.com>

## **Sponsors Us**

We have several sponsorship levels available as well as email advertising options. If you would like more information, reply to this email.



DISCLAIMER - This email was sent by Cousin Nathan, but the content provides contact information. Cousin Nathan may act like he knows everything, but the stated contact within the email message may be your best bet for information. If all else fails, Cousin Nathan will respond to your questions (usually with "I dunno", but you may get lucky).

EXCLUSION INFO - If you elect to be excluded from the McGuire's Runners group e-mail messages, please respond to this message stating so.

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Include your free business text ad at <http://www.pensacolalist.com>.

Need web work? We provide web pages and applications for a reasonable rate. Visit Sydtech LLC on the web at <http://www.gosydtech.com>.

Become a sponsor of the running club. We have several different sponsoring levels to choose from. Please contact us for more info:

[cousin\\_nathan@mcguiresrunners.com](mailto:cousin_nathan@mcguiresrunners.com)

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